

EXPLORE: PHYSICAL AND CREATIVE TOOLS.

Antonio Ruz

OCT. 24th & 25th



AIMED TO dancers, actors/actresses, musicians, directors, teachers and professionals of performing arts and social work.

WORKSHOP: In the online class, different improvisation guidelines will be offered in a theoretical way as well as creative tools so that the participants can apply them to their own dance practice, whether as performers, choreographers or teachers. The face-to-face workshop will be structured in two parts; a technical class and a session for research and improvisation exercises. Body awareness exercises will be proposed using concepts such as projection, weight, direction or momentum that will give participants the space to explore through their own proposals, aided by clear guidelines and directions combining play, memory, alertness, listening and intuition.

ANTONIO RUZ is currently, and for years, one of the most outstanding choreographers in our country. After training in flamenco, Spanish dance, ballet and an important career as a performer in large companies such as the Víctor Ullate Ballet, the Geneva Ballet, the Lyon Ballet or the Compañía Nacional de Danza, he created his own company in Madrid in 2010. Close collaborator of Sasha Waltz & Guests Berlin and Estévez-Paños participates as choreographer in theatrical productions of Andrés Lima and Miguel del Arco as well as in projects of the Fundación Psico Ballet - Maite León. Ruz is the creator of Electra of the National Ballet of Spain. Among the awards that draw his career, the 2018 National Dance Award in the Creation Category and the 2013 RTVE "Critical Dance Eye" Award stand out.

FUNDACIÓN PSICO BALLE T MAITE LEÓN

Vizconde de los Asilos 5 , Madrid. (Metro – Ciudad Lineal)

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- **Online class (2 h.): 15 euros.**
Saturday OCT. 24th. from 11.00 to 13.00
- **Class attendance (4h.): 37 euros.**
Saturday OCT. 24th. from 16.00 to 20.00. or
Sunday OCT. 25th. from 10.00 to 14.00.
- **Complete option (6 h.): 50 euros.**
Online class (2h.) + Class attendance (4h.)